

# CENTENNIAL SCHOOL

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## NEWSLETTER



570 Poirier Street, Coquitlam, B.C. V3J 6A8 Telephone: 604.936.7205 Fax: 604.937.8051

@Centennial43

Read our daily newsletter "Centennial Today" at <http://cent.sd43.bc.ca>

November 12, 2014

### Principal's Message

#### ACCEPTING RESPONSIBILITY

Much of the research and practice in socio-emotional development, teaching and learning and personal growth, identifies that accepting responsibility is a key component in moving forward with success. During early and mid-adolescence in particular, it is critical that families and schools work with students to help them accept responsibility for their schoolwork, their behaviour, and how to represent themselves. In the acknowledgement and acceptance of their present context, we can help them plan to do better, and influence future outcomes positively. We can show them that they have power, influence and control of their situation and what comes next. This builds confidence and resilience, and prepares them better for life after high school.

Some of the recent literature and much media hype has pointed to "enabling schools" and "helicopter parents" and the "everyone is special" paradigm as the cause for people not readily accepting responsibility. Well, perhaps I agree with that a little; however, I believe the greatest influence on our youth having difficulty transitioning to acceptance of responsibility is the media itself with its "Blame and Shame" culture. Pervasive, and often without depth or context, media stories and information can be presented as situations of futility, or black and white situations where individuals, politicians and organizations are simply blamed and shamed without follow-up. Issues and conflicts are "tried" in the media, which can lack objectivity. The reality does not allow for appropriate defence or a thorough response from the accused, and so their acceptance of responsibility is either not reported, misinterpreted or demonstrated with great aggression or defensiveness, due to the hopelessness of it all. The blame culture then becomes the norm of our society, and accepting responsibility is not modeled, reported or contextualized as an appropriate response.

So how do we help our kids learn to accept responsibility better, as parents and educators?

- Emphasize that every situation has its particular context, and there are elements in each situation that are within a person's control.
- Identify as many of the contextual aspects (logically, not emotionally) as possible, and work with others' input to apply an amenable solution.
- If the situation is potentially a discipline issue, seek restitution or restorative practices to make it into a learning situation (often in conjunction with a consequence of some kind).
- Make linkages between the context in question and real life examples or other personal examples of success.

I do not buy the idea that today's kids are any different in any way, than those from the past. Trust me when I say that I have dealt with many adult colleagues, staff, parents and friends who do not readily accept responsibility. I can say, though, that our work in this regard is intentional with our students. With thoughtful intervention, we work together to make a difference.

*Robert Zambrano, Principal*

Follow us on Twitter!

**School events, news and updates at:**

@centennial43 (school)

@centaurathletic (athletics)

@centvox (student government)

@Cent\_Football (football)

@CentennialSP (salmon project)

**For school updates, educational and social commentary, follow our admin team:**

@RobertGZambrano

@brynmw (Mr. Williams)

@JanineClose



# Counsellor's Corner

## Post-Secondary Planning for Grade 12 Students



- **Now** is the time for grade 12 students to finalize their post-secondary plans and prepare applications. *Students who do not yet have any post-secondary plans should talk to their counsellors or the Career Resource facilitator about options and spend some time researching institutions and programs.*
- Application Workshops for colleges, the new universities and BCIT were held on October 14. Applications to community college (Douglas, VCC) should have already been sent in. For programs without GPA requirements, registration numbers may be issued according to the date of application: those who apply early have a better chance of registering for courses early. **Students who have not yet completed college or BCIT applications should do so immediately.** *All university-bound students are advised to submit back-up college applications—especially if their marks are near the minimum for direct entrance to university.* See your counsellor if you need more information.
- Some certificate, diploma, and limited enrolment programs in college and all BCIT programs will require an interim transcript with the application. Counsellors can provide interim transcripts.
- Many of these post-secondaries hold information sessions and open houses for prospective students and their parents. Dates and times are advertised on the Centennial School Counselling webpage (see "Upcoming Information Sessions and Events") as well as on the post-secondary institutions' websites.
- The Application Workshop for **UBC** will be held on November 12. The final admission deadline to apply to UBC is January 31, 2015 which is also the deadline to apply for a Major Entrance **Award** (needs-based and requires a supplementary application). Students who wish to be considered for a UBC Major Entrance **Scholarship** must apply to UBC before December 10 - no supplementary application is necessary; academic and personal profiles and references will be used in determination of the Major Entrance Scholarship.
- An Application Workshop for **SFU** will be held on November 19. The early admission deadline and scholarship deadline for SFU is February 28, 2015.
- Advisors from SFU and UBC as well as 13 other Post-Secondary institutions have provided information sessions for Grade 12 students through October and early November. Students who have any questions regarding specific post-secondaries are asked to refer to the institutes' websites or visit Centennial's Career Resource facilitator.
- Reps from other **universities including eastern Canada** have also begun their annual visits to the Lower Mainland. Students should check eastern university websites for deadlines and application information. All applications to eastern universities should include a transcript. Students who are planning to apply to universities in the east should see Centennial's Career Resource Facilitator for more information on how to apply, scholarships and entrance requirements.
- The electronic PSI Selections Form is now available online for students graduating in the 2014/15 school year. This electronic PSI Selections form should be submitted by all students who expect to graduate this school year and may also be considering applying to a post-secondary institute. Students access the online form by logging into the Student Secure Web (SSW), <https://www.bced.gov.bc.ca/exams/tsw/tsw/student/>, and click the menu option "**Post-Secondary Institutions Selections**".
- A **Scholarship and Financial Aid Information** session was held on October 9. The Financial Aid booklet is available on the Counselling webpage or in the Counselling area for students who missed the session. Students seeking **financial aid (scholarships, bursaries, awards, etc.)** should visit the Counselling page of the Centennial website. Our financial aid information, which includes external awards and bursaries, is posted on this page as well as links to major scholarship sites. New financial aid information is published regularly in our daily bulletin, *Centennial Today*. Now is the time for scholarship students to research potential awards and to begin working on their personal essays. There are scholarship deadlines every month of the year, so scholarship application is something that can be done over the full course of the year.
- A sitting of the PSAT exam was held at Centennial in October. PSAT results will be available in December. Students requiring registration information for the SAT and US scholarship information can go to the College Board site via the link on the Counselling webpage.

## PARENT/TEACHER INTERVIEWS



CALL TO MAKE AN APPOINTMENT (604-936-7205)  
(PLEASE KNOW THE NAMES OF YOUR CHILD'S TEACHERS)

**Fri. Nov. 14 and Mon. Nov. 17 from 9:00 a.m. -3:00 p.m. ONLY**

**Tues. Nov. 18 from 9:00 am to 5:00 pm.**

**(604) 936-7205**

## SCHOOL CALENDAR

Thursday, November 20 <sup>th</sup>	Parent/Teacher Interviews 3-8pm. 1:30pm student dismissal
Thursday, November 20 <sup>th</sup>	Grade 12 Parent Meeting, 8pm in Centennial Theatre
Monday, November 24 <sup>th</sup>	PAC Meeting, 7pm in Centennial Library
Friday, December 12 <sup>th</sup>	Term Two ends
Tuesday, December 16 <sup>th</sup>	Term Two marks due
Friday, December 19 <sup>th</sup>	Report Cards Issued: students pick up (Term Two). Locker clean-out Last Day before Winter Vacation
December 22 <sup>nd</sup> - January 2 <sup>nd</sup>	Winter Vacation: No School
Monday, January 5 <sup>th</sup> , 2015	School Reopens
Thurs – Sat., January 15 <sup>th</sup> – 17 <sup>th</sup>	Top 10 Girls' Basketball Tournament
Mon – Thurs, January 19 <sup>th</sup> – 22 <sup>nd</sup>	Provincial Exams
Monday, January 19 <sup>th</sup>	PAC Meeting, 7pm in Centennial Theatre
Wednesday, January 28 <sup>th</sup>	Grade 8 Parent Info Night
Friday, January 30 <sup>th</sup>	Last day of Formal Classes for Semester One

## STUDENT ABSENCES

If you will be on vacation and a caregiver (eg grandmother) is looking after your son/daughter, please advise the school so that the caregiver has the authority to call in and/or pick up your child if he/she is ill.

# Youth & Social Media



**Monday, November 24**

**7-8:30pm**

**Inlet Theatre**

**Is your elementary or middle school child using social media?  
Is it safe?**

**Parents are invited to an informative evening with social media expert, Jesse Miller. Hosted by the Port Moody Police Department and CE RA. (*Communities Embracing Restorative Action*)**

**Drop-in. No registration required.**

100 Newport Drive, Port Moody, BC V3H 3E1 [library.portmoody.ca](http://library.portmoody.ca)

